

# SHARON THE SURVIVOR

- My suicide pact with Ozzy
- My fear of crazed stalker
- Drugs that help me cope

**No more tucks**

Sharon says she's put her body through too much

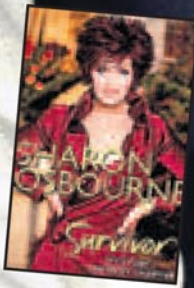
Pictures: JOHN FERGUSON



**If either of us had an illness that affected our brain, we'd end it all...**

ABRIDGED from Survivor: My Story - The Next Chapter by Sharon Osbourne, published by Little Brown on October 4 at £18.99 © Sharon Osbourne.

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**E**VEN by Sharon Osbourne's standards, it's been a turbulent couple of years.

From the highs of The X Factor's success to the heart-breaking loss of her father and a bitter feud with her brother, her story reads like a Hollywood blockbuster.

And the headlines only tell part of the story.

Today, the Mirror can reveal how she and her beloved Ozzy have made a sensational death pact, her IVF heartache, the crazed stalker who follows her across the world, the secret agony behind her cosmetic surgery and why the millionaire mum has taken anti-depressants for more than a decade.

Speaking exclusively to the Mirror before we serialise her sensational new biography Survivor next week, Sharon, 54, is in characteristically candid form.

She invited us to her sumptuous new £12.5million mansion high in the LA hills to lift the lid on the latest chapter in the life of the matriarch of the madcap Osbourne clan.

Throughout the searingly honest interview, rocker husband Ozzy, 59, snuggles beside her on the couch and her beloved Pomeranian dog Minnie curls up around her bare feet.

In an emotional few months this year her music mogul father Don Arden died after suffering Alzheimer's and her brother publicly betrayed her after a fall out over funeral plans.

And it seems her own exit from this world could be as dramatic as her life.

Sharon, mum to Aimee, 24, Kelly, 22, and Jack, 21, explains: "Ozzy and I have absolutely come to the same decision. We believe 100 per cent in euthanasia so have drawn up plans to go to the assisted suicide flat in Switzerland if we ever have an illness that affects our brains. If Ozzy or I ever got Alzheimer's, that's it - we'd be off."

"We gathered the kids around the kitchen table, told them our wishes and they've all agreed to go with it."

"I saw my father suffer from the day he came back into my life in 2002 to the day he died in July. There's no way I could go through what he did, or put my kids through that."

"At least with something like cancer you can communicate, say how you feel and explain why your body hurts."

"But my father deteriorated at such a rapid speed he became a shell of himself - dribbling, wearing a diaper and tied into a wheelchair because he didn't realise he could no longer walk."

"Some say the disease is hereditary so at the first sign I want to be put out of my misery."

"Ozzy and I have asked our lawyers to make the appropriate



**EXCLUSIVE**  
From JULIE McCAFFREY in Los Angeles

arrangements. It's taken away some of the fear of our ending and is a final gift of love to our kids."

Sharon is fiercely proud and protective of her family, who shot to international fame following MTV's hit reality show The Osbournes. Aimee declined to take part but Kelly and Jack became household names - and their problems with drink and drugs and stints in rehab became public property.

All three have blossomed and Sharon beams with maternal pride when listing their achievements. "My kids have got their wings and they've flown. They've done it on their own because they're hard-working, not trust-fund babies who're expecting an inheritance."

"Jack was only 15 and Kelly was 16 when The Osbournes started. They've taken a lot of stick, a lot of criticism, but they've come out the other side."

"I've never said everything I've done is right. Like every family we've had problems. But I'm so proud of all of my kids."

For the first time, Sharon reveals that she and Ozzy were desperate to add to their brood and underwent IVF a few years after Jack was born. "But sadly it didn't work. After I had Jack I got a stomach infection and I didn't treat it, so the infection spread into my tubes and messed them up. So we went through IVF but oh my God, I just couldn't take that ride."

"The wait for results, for each phone call, was mental torture. It did me in and I couldn't go through it again."

"These days it's grandchildren Sharon yearns for. 'I'm so dying to be a grandma, it's disgusting,' she laughs. "What mother says to their girls, 'Oh, it doesn't matter if you get pregnant, darling. Don't take the Pill, I don't mind!'"

As well as starring on X Factor alongside Simon Cowell, Louis Walsh and Dannii Minogue,



JOY AND PAIN: Ozzy, Kelly and Sharon at the Chicago opening

Sharon also judges America's Got Talent with Piers Morgan and David Hasselhoff - the number one show in the US.

But international fame has its downside in the form of an obsessed British stalker called Doreen, who has taken out a second mortgage to follow Sharon around the world.

"She is terrifying," she says with a shudder. "She has turned up outside my homes in Buckinghamshire and Beverly Hills, outside studios and even The Ivy in London the other night. How did she find out I was going there?"

"It's so scary, because she glares at me like a woman possessed and grabs at me. I don't know what she wants from me."

London-born Sharon is one of the richest women in showbiz and jokes that the only thing she cannot afford is to stop working because she can't stop spending. But the stress of juggling her career and family life has taken such a toll that she has been taking anti-depressants for the past 11 years.

"It has totally changed my life for the better," she admits. "I got to a few points when I had a lot of pressure and snapped."

"I'm not a victim and not saying I have it hard. But there were certain times in my life when it all got too much and I would take my frustrations out on myself by literally banging my head against a wall. The anti-depressants changed that and I couldn't live without it."

"Saying that, I went out to see Kelly's opening night in Chicago last week and broke down. I was emotional for Kelly, there were so many photographers outside, I'd seen my stalker again, I'd lost my father, had so much s\*\*t from my brother and my dog Minnie was ill. And I just thought, 'I can't take this.'"

"I just lost it and sobbed into Ozzy's chest."

But I'd have been a whole lot worse without the medication."

Even if Sharon feels particularly low, she no longer seeks solace in surgery. She has been famously frank about the extensive work she's had done which, since 1999, includes a gastric band to control her food addiction, a browlift, facelift, liposuction, tummy tuck, bottom lift, breast augmentation and a leg lift. But for now, no more.

"My body's tired. I've put it through too much, abused it and my body is knackered."

"I am content with how I look at my age and I'm really scared of ending up looking like those people whose faces are ironed and foreheads don't move."

"I regret having my breasts done because I'm never happy with them. But the most painful was having my legs lifted. They literally cut all the way around the top of your thigh, pull up the skin like a stocking, then cut the excess away and sew it back on. When I came round I thought they'd sewn my legs together the swelling was so bad."

"When I tried to pee, can you imagine? It was like the worst cystitis you've ever had in your life. So right now I've really, really had it with surgery."

Dyeing her hair flame red will never stop though, as it turned completely white in her early 20s. "It's s\*\*t," she says. "Unbelievable that it happened so young. I can't just let my hair go white because I don't want to look like Ozzy's granny."

In July Sharon and Ozzy celebrated their 25th wedding anniversary with a weekend at a romantic Irish castle and it's clear they are more in love than ever. Sharon has guided Ozzy's every step to success despite his indulgence in drink, drugs and groupies. And now her husband has become her rock.

She smiles: "Ozzy has been sober for three-and-a-half years and it's fantastic. It's like a romantic dream I always had as come true. My husband's now finally an adult. We talk much more, he's very sensitive, so loving."

"Bliss for us is staying in, heating up a shepherd's pie, lighting the fire and watching TV. I don't give a s\*\*t about being seen at the right parties, I much prefer to be home with him."

"Ozzy has given me unconditional love. He loves me fat, thin, rich, poor. Through these last few months I've been wrung out emotionally. But I feel so lucky that I can go home and be there with my old man."

"It's so important to cuddle, kiss, hold each other and smell each other. And we're at it like rabbits! But I must admit I'm not as fully active in bed as my husband. Sometimes I say, 'Sorry Ozzy, got to wash my hair tonight'."

"The thing is, he's looking after himself by going to the gym and getting fitter and fitter so I've got no chance of having a quieter sex life. Of course, I'd never complain about that..."

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**ON MONDAY: SHARON OSBOURNE, MY STORY**